

Benefits Contact List

Benefit	Vendor	Phone Number	Web Site
Medical	Anthem/HealthKeepers Anthem	Toll free: HMO: 1-800-421-1880 PPO: 1-800-445-7490	www.anthem.com www.bcbs.com for PPO only
Prescription Drug Plan	Anthem Rx Direct	Toll free: 1-800-962-8192	www.anthem.com
Dental	Delta Dental Plan of Virginia Group #6025	(540) 989-8000 Toll free: 1-800-237-6060	www.deltadentalva.com
Insurance: Life, AD&D, Supplemental & Dependent	The Hartford Policy #675143	Toll free: 1-800-563-1124	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
Disability: STD & LTD	The Hartford Policy #675143	Toll free: 1-877-534-6206	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
Education Assistance & Tuition Waiver	Carilion Human Resources	(540) 983-4067 Toll free: 1-800-695-5656	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
Flexible Spending Accounts	SHPS, Inc.	Toll free: AccountLINK: 1-800-678-6684	www.myshps.net
Retirement: Pension Plan	Carilion Human Resources Service Center	(540) 983-3600 Toll free: 1-800-599-2537-+	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
Retirement: Savings Plan: 403(b) or 401(k)	Wachovia Retirement Services	Toll free: Participant Account Services (PAS) line: 1-800-377-9188	www.wachovia.com/401K and Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
Child Care	HoneyTree Early Learning Centers Little Saints (CNRV)	(540) 344-4543 (540) 731-2131	www.honeytreeelc.com
Fitness Facilities	Roanoke Athletic Club (RAC) Botetourt Athletic Club (BAC)	RAC: (540) 989-5758 BAC: (540) 992-2993	www.carilionfitness.com
Credit Union Membership	Carilion Federal Credit Union	(540) 224-1490	www.carilioncreditunion.com
Employee Assistance Program: EAP	Carilion EAP	Toll free: 1-800-992-1931	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com.
COBRA	Infinisource	Toll free: 1-800-300-3838	Benefits Hub on the Carilion Intranet and the Employee Hub on carilion.com
BENEFITS QUESTIONS	Local HR Offices Human Resources Service Center	<u>BMH</u> (540) 587-3395 <u>CFMH</u> (540) 489-6327 (36327) <u>CGMH</u> (540) 921-6017 <u>CNRV</u> (540) 731-2503 (32503) <u>CRCH</u> (540) 985-8122 (88122) <u>CRMH</u> (540) 981-7305 (77305) (540) 983-3600 (33600) Toll free: 1-800-599-2537	Information about your benefits is available on the Carilion Intranet and the Employee Hub on carilion.com. From either site, select <i>Benefits</i> from the left-hand menu bar. You also may e-mail benefit questions or request benefit forms through GroupWise at <i>HRServiceCenter</i> or via the Internet at hrservicecenter@carilion.com

