

# Benefits Vendor Contact List 2008

## Business Card

Do you have a question about your benefits but aren't sure who to contact? The attached benefits vendor contact business card has the answers. Please clip out this card along the gray dotted lines, fold in half along the blue dotted lines and tape together, and keep in your wallet to ensure you will never be without your Carilion Clinic benefits information.

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*hrservicecenter@carilion.com.*  
via GroupVise or Internet e-mail at  
You also may e-mail benefit questions  
(540) 983-3600 (33600) or 1-800-599-2537.  
Human Resources Service Center,  
**Benefits Questions:**  
Carilion EAP, 1-800-992-1931

**Employee Assistance Program (EAP):**  
www.carilioncredunion.com  
Carilion Federal Credit Union, (540) 777-1575

**Credit Union Membership:**  
www.carilionfitness.com  
ZOOM, (540) 224-5678  
Botetourt Athletic Club (BAC), (540) 992-2993  
Roanoke Athletic Club (RAC), (540) 989-5758

**Fitness Facilities:**  
1-800-377-9188  
Participant Account Services (PAS) line:  
www.wachovia.com/401K  
Wachovia Retirement Services,  
**Retirement Savings Plan — 403(b) or 401(k):**  
www.mysfps.com  
SHP5, Inc., 1-800-678-6684

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*Additional benefits information may be found  
on the Benefits Hub on the Carilion Intranet  
and the Employee Hub.*

**Medical:**  
HMO: Anthem/HealthKeepers, 1-800-421-1880  
PPO/KeyCare: Anthem, 1-800-445-7490  
www.anthem.com (for both plans)

**Prescription Drug Plan:**  
Anthem Rx Direct, 1-800-962-8192  
www.anthem.com

**Vision:**  
Blue View Vision, www.anthem.com  
to find a provider

**Dental:**  
Delta Dental Plan of Virginia, Group #6025  
(540) 989-8000, 1-800-237-6060  
www.deltadentalva.com

**Insurance — Life and Disability:**  
Policy #675143, www.thehartfordatwork.com  
Disability claims, 1-800-538-8439  
PHA status, 1-800-331-7234

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